

Risks from Substance Use During Pregnancy



- Fetal alcohol spectrum disorders (alcohol)
- Birth defects (alcohol, drugs)
- Premature birth (alcohol, drugs)
- Low birth weight (alcohol, drugs)
- Miscarriage (alcohol, drugs)
- Development problems (alcohol, drugs)
- Behavior problems (alcohol, drugs)

“Drugs” include illicit drugs and medications.

Instruct patients to ask their provider which medications are safe for them.

Remind mothers-to-be:

- ❖ There is no such thing as “safe” drinking or drug use during pregnancy!
- ❖ After a baby is born, any substances used by the mother can be passed to the baby through breast milk.